



August 28, 2018

My dear friends and patients:

It is with both a happy and sad heart that I let you know that I have decided to retire from our wonderful practice here at First Medical Care at the end of August. I wanted to take a few minutes to speak to you through letter to let you know first, what's happening with me and then, with the practice.

First, I am in good health, so please do not be concerned on that count. My good health is probably something that has precipitated this decision. I am at that point in my life that I am compelled to spend more time dedicated to the causes I believe so strongly in.

I am also looking forward to spending more time with family and friends. You have seen the pictures on my desk and know how dedicated I am to be sharing in their lives - these moments are precious to me, just as you have been.

As for the practice I have spent so much time and effort on? I leave it in the more than capable hands of my good friend and colleague, Dr. Bassam Tomeh. As many of you know, I handpicked Dr. Tomeh to eventually take over the firm and I leave knowing that all my hard work will be respected, honored and carried on to my exacting standards.

On that note, I am excited to share with you that Anita Khimani, a very capable RN and Family Nurse Practitioner, will be joining First Medical. She has a wide range of knowledge in all areas of family practice and I'm very excited that she will be joining my friends Dr. Tomeh, Dr. Ullah and of course, Jocelyn Castellano, in caring for you and your loved ones.

Now, what will change for you, my patient and friend? Nothing, really. Of course, I won't get to see you as often as I would like, but I know the excellent professionals here at First Medical will be available for you, 24/7, to assist with your every need. I retire with a peaceful heart, knowing that you are being cared by the best people I know.

I'm excited about the years to come and I want you to know that you and your loved ones will be in my heart and prayers often. I sincerely thank you for allowing me to be part of your family and of service to you.

With my sincerest best wishes,

*Dr. Gulshan Nayyar*